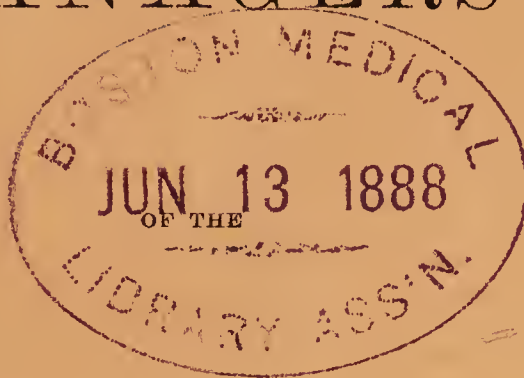


383 a. Sup.

ELEVENTH ANNUAL REPORT

OF THE

MANAGERS



ADAMS NERVINE ASYLUM.

1888.

A faint, circular stamp of the Royal College of Physicians is visible on the right side of the page, partially overlapping the date "1888.". The text "ROYAL COLLEGE OF PHYSICIANS" is visible around the perimeter of the stamp.

BOSTON:

ALFRED MUDGE & SON, PRINTERS,

NO. 24 FRANKLIN STREET.

1888.

ELEVENTH ANNUAL REPORT

OF THE

MANAGERS

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ADAMS NERVINE ASYLUM.

ELEVENTH ANNUAL REPORT OF THE MANAGERS.

MAY, 1888.

THE Board of Managers respectfully submit to the corporation their eleventh annual report.

The Trustees under the will of Seth Adams hold for the benefit of the Asylum real estate in Boston which was assessed in 1887 as of the value of . . . \$63,100 00
And personal estate standing on their books
(this valuation being less in the aggregate
than the present market value) at . . . 550,049 77
\$613,149 77

The trust property does not include the land, buildings, and furniture of the Asylum, or the cash and securities, now amounting to \$37,111.62, in the hands of its Treasurer.
The net income of the trust for the past year has been \$27,557 73
Which has been paid over to the Treasurer of the corporation, who has also received for interest and rent 1,368 40
There has been received from patients \$7,679 66
And from sale of sundries 66 11
7,745 77
The total income for the year being . . . \$36,671 90

The expenses of the Asylum for the year have been	\$36,399 24
Leaving a balance of income amounting to .	\$272 66
The Treasurer had on hand May 1, 1887, in cash and investments	26,838 96
There has been received from Mrs. Caroline P. Adams a gift of	10,000 00
The Treasurer had on hand May 1, 1888, in cash and securities	\$37,111 62
The average weekly expense for each patient (including all expenditures) was	\$24 79

The sum of \$10,000 was received by the Treasurer, Dec. 1, 1887, from Mrs. Seth Adams, whose wishes as to the use of this generous gift are expressed as follows in a letter from John E. Hudson, Esq., in her behalf: —

“Mrs. Caroline P. Adams, widow of Mr. Seth Adams, under whose will the Nervine Asylum is founded, wishes to express her interest in the charity, and has, therefore, directed me to send to the Corporation her cheque for ten thousand dollars (\$10,000.00) to be used for building purposes, as below mentioned: —

“Mrs. Adams understands that there is need of a building for men, and she also understands that there is need for a Physician’s house, and that it is thought that the building of the latter, with the enlarged facilities it will give in the existing building for patients, will hasten the time when the Corporation can build a house for men.

“Whether her present gift shall be added to the fund on hand for the establishment of a men’s home, or be used for the building of a Doctor’s house, she prefers to leave to the judgment of the management of the Corporation.

“I state this, that you may know the facts she had in mind, in limiting the use of the gift.”

The receipt of this gift was gratefully acknowledged by the Managers, and they have caused the money to be temporarily invested until it is decided how it shall be used.

The Asylum has also received, through the generous kindness of Mrs. Adams, a large portrait of Mr. Seth Adams, which has been placed in the main reception-room.

The amount received from patients during the year has been less by \$885.99 than during the last preceding year, and was about 21 per cent of the expenses of the year.

The number of patients under treatment during the year was 110. Of this number, 25 were in the Asylum, May 1, 1887; and 85 were admitted during the year; 16 were discharged as recovered; 45 as relieved; and 19 as not relieved; and 30 were remaining in the Asylum, April 30, 1888. There were no deaths during the year. Of the 85 patients admitted, 29 were free patients; 6 paid full rates of board; and 50 paid in part, according to their means, the expenses which were incurred for them.

The annual report of the Resident Physician is submitted herewith, and also a comparative statement of the current expenses and receipts of the Asylum for the past seven years.

For the Board of Managers,

JAMES C. DAVIS,

Secretary.

MAY 9, 1888.

REPORT OF THE RESIDENT PHYSICIAN.

To the Managers of the Adams Nervine Asylum:

GENTLEMEN, — I again have the honor of presenting you my annual report for the year ending April 30, 1888.

The year has passed in the regular round of duties, with scarcely any variation from the usual routine. There have been a few changes among the help.

While there has been nothing that is specially worthy of notice or of unusual interest in the year's experiences, many unimportant incidents have served to break the dull monotony of life here; many pleasant, attractive patients, to care for whom was a pleasure, have come and gone. They have shown fortitude and patience in suffering and in the discouragement attending chronic invalidism, which rendered it a pleasure to aid them. It is a source of regret that some of these could not be more fully re-established in health. Many, however, have been materially benefited, and have returned home much more able to resume the duties of life. Letters, or less direct means of information, from former patients, give evidence of the amount of benefit received.

Of those who have applied for admission during the year, 11 were denied because they were males; 15 because of too great age; 34 because of insanity; 47 as being non-resident; 7 for epilepsy; 6 on account of having the morphia habit; 2 on account of intemperance; 10 as unsuitable for other reasons. One hundred and thirty-six were more or less suitable for treatment, of whom 85 were received. Of the 42 others who made inquiries,

some were discouraged from pursuing the inquiry further on account of the length of time before they could be received; while others learned that their friends were not suitable as patients, and therefore did not make application.

The daily average number of patients has been higher than during previous years, largely owing to the promptness with which patients have come after being notified.

Fewer free patients have been received than during the previous year, but more than in former years. More of those who have paid for their board have paid but a small amount; this accounts for lessened receipts from patients.

TABLE No. 1.

GENERAL STATISTICS.

Patients in the Asylum, May 1, 1887	25
Admissions within the year	85
<hr/>	
Whole number of <i>cases</i> during year	110
Discharged — As recovered	16
Relieved	45
Not relieved	19
<hr/>	
	80
Deaths	0
<hr/>	
	80
<hr/>	
Patients remaining April 30, 1888	30
Number of different <i>persons</i> under treatment during year	107
Number of different <i>persons</i> admitted	84
Daily average number of patients	28.23
Average stay of patients (in months)	3.84
“ “ “ “ who recovered	4.12
“ “ “ “ who were relieved	4.51
“ “ “ “ who were not relieved	1.64

The amount expended has been unusually large. The increase has been chiefly in a few items.

The same amount of coal has been used, but the price has been higher than in previous years. It was not possible to

make a bargain with dealers at the beginning of the year for the whole year's supply, as has been the custom heretofore.

The expense for furniture has been chiefly for crockery, carpets, and linen.

Many small repairs have been necessary in the wood-work and the steam and water pipes; bowls, sinks, and marble slabs have been replaced; the hot-water boiler in the Weld house has had new heads and a new steam coil. A ventilator was put into the laundry to carry off the heat from the flat-iron stove.

The Weld house and stable have been painted. When this was done, it was discovered that one of the sills of the house had rotted out, and this was replaced. The roof of the stable needed considerable repairs before painting.

Two chimney pieces in the Weld house have been reset, the settling of partitions having injured the plastering and marble; ceilings have been whitened.

Some of the furniture in the Weld house was re-covered during the previous year. Much of the furniture in the Adams building has been re-covered this past year. All the mattresses have been made over.

The blinds on the sunny side of the Adams building have been furnished with fixtures which allow them to be opened as awnings, thus giving the patients more air and protection from the direct sunlight.

The storm windows added so much to the ease with which the north and northeast rooms in the Adams building could be heated that it seemed best to put them on two rooms of the Weld house which have always been very difficult to warm.

The floor to the help's dining-room was found to have rotted out, owing to the escape of steam from the exhaust pipe of a small engine, the amount of steam being so small as not to attract attention. The floor has been relaid and the pipe repaired so as probably to avoid such an accident in future.

Repairs and changes have been made in the setting of the boilers and the brick-work of the furnaces, in accordance with the recommendation of the inspector. While this was being done it was found that a part of the wall supporting one boiler was insecure, the headers having been broken. This wall was relaid.

Small steam radiators have been put in two rooms which were difficult to heat in the coldest weather.

The item for provisions was increased by an advance in the price of beef and in the amount of milk used, also, to some extent, in the cost of groceries.

As in former years, I desire to acknowledge the kindness of friends of the Asylum in sending fruit and flowers.

We were fortunate in again securing the services of Dr. E. L. Fiske as assistant physician during the past year. It is not necessary to say that his duties have been performed even more satisfactorily than during the previous year.

The Asylum has been fortunate in having the continued services of Mrs. Sherwood.

I am pleased, gentlemen, to again acknowledge your courtesy and kindness to me during the past year.

I am, very respectfully,

S. G. WEBBER,

Resident Physician.

APRIL 30, 1888.

TABLE No. 2.

AGES OF PERSONS ADMITTED.

From 15 to 20 years	3
" 20 to 25 "	10
" 25 to 30 "	16
" 30 to 35 "	19
" 35 to 40 "	13
" 40 to 45 "	6
" 45 to 50 "	3
" 50 to 55 "	6
" 55 to 60 "	8
Unknown	1
Total cases	85

TABLE No. 3.

RESIDENCE OF PERSONS ADMITTED.

Massachusetts: —

Boston	33
Other cities and towns	52
	<hr/>
Total cases	85

TABLE No. 4.

CIVIL CONDITION OF PERSONS ADMITTED.

Unmarried females	61
Married	18
Widows	6
Total cases	85

TABLE No. 5.

OCCUPATIONS OF PERSONS ADMITTED.

Housewives	16	
Housekeepers	9	
	<hr/>	25
Teachers		14
Dressmakers		5
Seamstresses		2
Students		2
Artist		1
Domestics		3
Nurses		3
Type-writers		2
Companion		1
Book-keepers		2
Mill hands		2
Librarian		1
Proof-reader		1
Clerk		1
Missionary		1
Vest maker		1
Of no occupation		18
		<hr/>
Total cases		85

TABLE No. 6.

RELATION TO HOSPITALS OF PERSONS ADMITTED.

Never before in any hospital	64
Former inmates of this Asylum	11
“ “ “ other hospitals: —	
Massachusetts General Hospital	2
St. Luke's Home	2
N. E. Hospital for Women and Children	2
Homœopathic Hospital	2
Carney Hospital	1
Worcester City Hospital	1
	<hr/>
	10
	<hr/>
Total cases	85

TABLE No. 7.

EXPENSES, MAY 1, 1887, TO APRIL 30, 1888.

Supplies	\$11,067 50
Fuel	\$2,344 59
Lights	1,315 60
	<hr/>
	3,660 19
Water	\$382 80
Ice	340 49
	<hr/>
	723 29
Furniture	\$1,330 99
Repairs	2,552 68
	<hr/>
	3,883 67
Medicines and medical apparatus	\$1,055 05
Salaries	3,874 99
Wages	8,967 06
Stable	1,142 57
	<hr/>
	15,039 67
Stationery, printing, and advertising	\$184 12
Garden, and care of grounds	894 17
Flowers	90 00
Books, magazines, and newspapers	148 02
Express	252 60
Insurance	205 00
Telephone	127 80
Miscellaneous expenses	123 21
	<hr/>
	2,024 92
	<hr/>
	\$36,399 24
	<hr/>
Amount received from patients	\$7,679 66
“ “ “ sale of sundries	66 11
Balance paid from funds of the Asylum	28,653 47
	<hr/>
	\$36,399 24
	<hr/>

Paying patients, 56 ; free patients, 29; total, 85.

Of paying patients, one paid \$30; five paid \$25; two paid \$15; two paid \$12; nine paid \$10; two paid \$7; three paid \$6; thirteen paid \$5; two paid \$4; ten paid \$3; one paid \$2.50; five paid \$2; and one paid \$1.25 per week.

CURRENT EXPENSES AND RECEIPTS, FEB. 1, 1881, TO APRIL 30, 1888.

	1881-2. (15 Months.)	1882-3.	1883-4.	1884-5.	1885-6.	1886-7.	1887-8.
Paid for Supplies	\$9,923 49	\$9,614 10	\$11,275 56	\$10,835 90	\$10,947 62	\$10,784 29	\$11,067 50
“ Fuel	2,125 07	2,119 07	2,257 24	2,186 30	2,229 89	2,006 80	2,344 59
“ Lights	1,498 10	1,190 40	1,242 71	1,291 74	1,069 67	1,256 76	1,315 60
“ Water	385 81	551 48	384 50	340 50	339 60	393 60	382 80
“ Ice	137 06	168 50	291 94	351 81	385 67	382 87	340 49
“ Furniture	716 20	1,364 22	1,878 25	1,110 63	980 25	1,054 22	1,330 99
“ Repairs	662 59	1,729 42	1,170 02	1,933 94	1,165 14	2,110 01	2,552 68
“ Medicines	1,738 55	2,005 42	1,377 38	1,264 69	1,347 63	1,122 89	1,055 65
“ Salaries	3,013 52	2,462 51	2,625 04	2,976 52	3,711 13	3,800 00	3,874 99
“ Wages	8,760 06	7,530 89	8,079 31	8,421 56	8,770 41	8,923 54	8,967 06
“ Stable	911 97	1,030 64	481 68	859 65	1,024 37	1,177 9	1,142 57
“ Stationery & printing	302 26	209 48	266 20	263 99	262 35	264 96	184 12
“ Garden and grounds	366 31	591 27	1,108 76	876 75	1,005 20	1,328 58	894 17
“ Books and newspapers	88 75	145 93	217 16	265 39	139 01	112 23	148 02
“ Express	330 45	297 56	335 50	294 04	307 59	268 13	252 60
“ Insurance	135 00	35 00	367 38	630 00	43 58	205 00
“ Telephone	116 70	120 89	123 63	124 06	127 80
“ Miscellaneous	455 47	. 361 93	416 80	335 23	249 15	131 61	213 21
Total expenses	\$31,415 66	\$31,507 82	\$33,559 75	\$34,096 91	\$34,688 31	\$35,285 53	\$36,399 24
Receipts for board of patients and sundries	9,683 85	11,623 56	14,622 09	13,605 52	10,388 08	8,615 82	7,745 77
Net expenditure	\$21,731 81	\$19,884 26	\$18,937 66	\$20,491 39	\$24,300 23	\$26,669 71	\$28,653 47

TREASURER'S ACCOUNT,

FOR THE YEAR ENDING APRIL 30, 1888.

May 1, 1887.	.	
Balance of last account	\$11,237 71
1887-1888.		
Received from the Trustees, income,	\$27,557 73	
Interest and rent received 1,368 40	
Received from patients 7,679 66	
Sale of sundries 66 11	
Total	36,671 90
Gift from Mrs. Caroline P. Adams	10,000 00
		<hr/>
		\$57,909 61

STATEMENT OF PROPERTY, MAY 1, 1888.

Cash held by Resident Physician	\$200 00
Deposit in New England Trust Co.	5,310 37
\$10,000 Fremont, Elkhorn and Mo. Valley R. R. 6% bonds of 1933	11,100 00
\$5,000 Chicago, Burlington and Quincy R. R. plain 4% bonds of 1921	4,501 25
\$6,000 New England Mortgage Security Co. 5% bonds of 1897	6,000 00
Note of Washington Mills, 5½%	10,000 00
						<hr/>
						\$37,111 62

E. and O. E.

GEORGE A. GODDARD, *Treasurer.*

Boston, May 7, 1888.

Examined and approved.

C. F. GUILD, for Committee on Accounts.

INVESTMENT OF THE PROPERTY HELD BY THE
TRUSTEES ON MAY 1, 1888.

REAL ESTATE.

(As valued by the Assessors in 1887.)

Land on Dorchester Avenue and D Street	\$52,800
“ and house 103 W. Broadway, South Boston . .	6,200
“ on Silver Street, South Boston	800
“ and house, 411 E. Seventh Street, South Boston .	3,300
	<hr/>
	\$63,100

PERSONAL ESTATE.

(As it stands on the books of the Trustees.)

194 Shares Atlantic National Bank, Boston, at	133	\$25,802 00
167 “ Atlas “ “ “ “	110	18,370 00
48 “ Boston “ “ “ “	103	4,944 00
37 “ Eliot “ “ “ “	111	4,107 00
150 “ Howard “ “ “ “	109½	16,425 00
16 “ Nat. Bank of N. America, “ “	108	1,728 00
70 “ “ the Republic, “ “	130	9,100 00
58 “ National Union Bank, “ “	134½	7,801 00
100 “ “ Webster Bank “ “	99	9,900 00
200 “ New England Nat. Bank, “ “	133	26,600 00
23 “ North National Bank “ “	117	2,691 00
20 “ Second “ “ “ “	141	2,820 00
300 “ State “ “ “ “	111	33,300 00
85 “ Traders’ “ “ “ “	100	8,500 00
<hr/>		
1,468 “ of bank stock		\$172,088 00
114 Shares Boston & Albany R. R. Co. .	\$12,047 50	
50 “ Boston & Providence R. R. Co. .	5,735 00	
9 “ Chicago & Alton R. R. Co. pref.		
stock, at 140	1,260 00	
42 “ Chicago & Alton R. R. Co. com-		
mon stock	5,641 00	
150 “ Connecticut River R. R. Co .	19,086 25	
235 “ Fitchburg R. R. Co. pref. stock .	19,712 75	

80 Shares Louisiana & Missouri River R. R.		
	Co. pref. guar. stock . . .	\$7,817 56
60	“ Manchester & Lawrence R. R. Co.	7,566 37
100	“ Old Colony R. R. Co . . .	9,370 00
100	“ Vermont & Massachusetts R. R.	
	Co.	11,112 00
130	“ Chicago, Burlington & Quincy	
	R. R. Co.	15,628 75
50	“ Detroit, Lansing & Northern R.	
	R. Co. pref. stock, at 113 . .	5,650 00
50	“ Kansas City, Fort Scott & Gulf	
	R. R. Co. pref. stock . . .	5,981 25
50	“ Chicago & N. W. R’y pref. stock,	
	at 127 $\frac{3}{4}$	6,387 50
		<hr/> \$132,995 93
\$10,000 Old Colony R. R. 6% bonds, 1897, at 102 $\frac{3}{8}$		\$10,239 17
5,000 Boston & Lowell R. R. 6% bonds, 1896,		
	at 100	5,000 00
4,000 Rutland R. R. 1st mortgage 6% bonds,		
	1902, at 99	3,960 00
15,000 Kansas City, Lawrence and Southern		
	R. R. 6% bonds, 1909	15,877 50
2,000 Lincoln & Northwestern R. R. 7%		
	bonds, 1910, at 117	2,340 00
8,000 Atchison & Nebraska R. R. 7% bonds,		
	1908, at 117-117 $\frac{3}{4}$	9,405 00
14,800 Republican Valley R. R. 6% bonds		
	(Western Division), 1919, at 104	15,392 00
7,000 Burlington & Missouri River R. R. in		
	Nebraska 6% bonds, 1918	
	(exempt)	7,778 75
2,000 Burlington & Missouri River R. R. in		
	Nebraska 6% bonds, 1918 (not	
	exempt), at par	2,000 00
10,000 Atchison, Topeka & Santa Fé R. R.		
	5% bonds, 1920, at 94	9,400 00
12,000 Kansas City, Fort Scott & Gulf R. R.		
	7% bonds, 1908, at 110	13,200 00
10,000 Marion & McPherson R. R. 7% bonds,		
	1909	11,650 00
7,000 Cowley, Sumner & Fort Smith R. R.		
	7% bonds, 1909	8,105 00
3,000 Saginaw & Western R. R. 6% bonds,		
	1913	2,993 75

\$1,000 Fort Scott Equipment Co. 6% bond, 1893	\$967 10	
12,000 Fremont, Elkhorn & Missouri Valley R. R. 6% bonds, 1933	12,938 75	
5,000 Ottumwa, Cedar Falls & St. Paul Railway 5% bonds, 1909	4,987 50	
10,000 Baltimore & Ohio R. R. 5% bonds, 1925	10,250 00	
1,000 Oregon Railway & Nav. Co. 6% bond, 1909	1,076 25	
15,000 Chicago, Milwaukee and St. Paul Ry. Co. 6% bonds, 1920, Dubuque Division, at 109	16,350 00	
5,000 Kansas City, Clinton & Springfield R. R. 5% bonds, 1925	5,000 00	
3,000 Pueblo & Arkansas Valley R. R. 7% bonds, 1905, at 117	3,510 00	
15,000 Chicago, Burlington & Quincy R. R. 4% bonds, 1927, at 98	14,700 00	
1,000 Grand Rapids, Lansing & Detroit R. R. 5% bond, 1927	957 25	
	—————	\$188,078 02
\$11,000 Chicago, Ill., Municipal 7% bonds, 1890-1895		11,665 00
Mortgage of Albert Brackett, 5%	\$8,717 40	
“ John W. Candler, 4½%	14,500 00	
“ Asa P. Morse, 5%	9,000 00	
“ A. N. Alexander, 5%	2,000 00	
“ Julia A. Baker, 5½%	2,300 00	
“ David W. Thomas, 5%	8,000 00	
	—————	44,517 40
6 Shares South Bay Company stock		5 00
Cash in bank		700 42
		—————
		\$550,049 77
Real estate	\$63,100 00	
Personal estate	550,049 77	
	—————	\$613,149 77

REPORT OF THE SUPERVISORS.

THE undersigned, the Supervisors of the Adams Nervine Asylum, a corporation organized under the laws of Massachusetts, being charged under the will of Seth Adams, the founder of the corporation, with the duty of examining its affairs, and reporting the "general result of such examination through two of the leading newspapers of Boston annually," hereby, in performing this duty, report that they have made their eleventh annual examination, and that the general result thereof is as follows : —

1. By the will of Mr. Adams the principal of the fund given for the benefit of the corporation is held by three trustees; and the trustees are now Messrs. James C. Davis, Joseph W. Balch, and Henry Parkman. No change has been made in the real estate, which was assessed in 1887 at the value of \$63,100.

2. The whole amount of personal property now held by the trustees, as it stands upon their books (the valuation being in the aggregate less than the present market value of the securities), is \$550,049.77.

It is invested as follows:—

Bank stocks	\$172,088 00
Railroad stocks	132,995 93
Railroad bonds	188,078 02
Municipal bonds	11,665 00
Mortgages of real estate	44,517 40
South Bay Company stock	5 00
Cash	700 42
	<hr/>
	\$550,049 77
	<hr/>

3. The gross income of this real and personal property during the year has been \$31,105 68

The expenses of the trust, including taxes, repairs and trustees' charges, and the charging off of a portion of the premium on bonds, have been 3,547 95

Leaving as the net income \$27,557 73

4. The net income was paid by the trustees to the treasurer of the corporation, whose accounts have been examined by the undersigned, and appear to have been properly kept and vouched.

The treasurer had on hand May 1, 1887, in cash and securities \$26,838 96

He has received during the year the following sums:—

From the trustees, as above stated	27,557 73
From board of patients, and sundries	7,745 77
As interest on securities and deposit	1,368 40
Gift of Mrs. Caroline P. Adams	10,000 00
	<hr/>
Making a total of	\$73,510 86
	<hr/>

Out of this sum the treasurer has paid for the expenses of the Asylum, including salaries, insurance and repairs . \$36,399 24

And the remainder thereof (\$37,111.62) stands invested and accounted for as follows:—

\$10,000 Fremont, Elkhorn and Missouri Valley R. R. 6% bonds, cost	11,100 00
\$5,000 Chicago, Burlington and Quincy R. R. 4% plain bonds, cost	4,501 25
\$6,000 N. E. Mortgage Security Co., 5% bonds of 1897	6,000 00
Note of the Washington Mills, 5½%	10,000 00
Cash in hand of resident physician	200 00
On deposit May 1, 1888, in the N. E. Trust Co.	5,310 37
	<hr/>
	\$73,510 86
	<hr/>

5. The undersigned have inspected the securities held by the trustees and by the treasurer, and have examined and approved their accounts, and have on several occasions visited the Asylum at West Roxbury. They again regret to report that no arrangements are yet made for receiving men into the institution. But on the 29th of November last Mrs. Caroline P. Adams, the widow of Seth Adams, the founder of the Asylum, made to it the munificent gift of \$10,000, in order to promote the purpose of providing accommodations for men. The language of her counsel in transmitting this gift is as follows: “Mrs. Adams understands that there is need of a building for men, and she also understands there is need of a physician’s house, and that it is thought that the building of the latter, with the enlarged facilities it will give in the existing building for patients, will hasten the time when the corporation can build a home for men. Whether her present gift shall be added to the fund on hand for the establishment of a men’s home, or be used for the building of a

doctor's house, she prefers to leave to the judgment of the management of the corporation."

On May 1, 1887, the number of patients was	25
There were admitted during the year	85

Whole number under treatment during the year	110
Of these there were discharged as recovered	16
Relieved	45
Not relieved	19
	—	80

Leaving in the Asylum on April 30, 1888	30
---	-----------	----

There were no deaths.

Of the whole number of 85 patients admitted during the year, 29 were free, 6 paid their board in full, and 50 paid it in part.

The institution can accommodate 30. The average daily number of patients was 28.23.

JAMES B. THAYER,
A. L. HOLLINGSWORTH,
ROBERT WILLARD,
Supervisors.

BOSTON, May 7, 1888.

WILL OF THE FOUNDER.

THE following is the residuary clause of the will of Seth Adams (which was executed Feb. 15, 1872) : —

I give, devise, and bequeath to my said executors, and the survivors or survivor of them, their successors in said trust, their heirs and assigns, forever, all the rest and residue of my estate and property, whether real, personal, or mixed, and wherever or however situated, of which I shall die seised or possessed, including any or all of the foregoing bequests, which may lapse, if any, in trust, for the following uses and purposes, viz.: the same is to constitute a perpetual fund, the net income of which is to be managed and dispensed by a corporation to be established for the benefit of such indigent, debilitated, nervous people, who are not insane, inhabitants of the Commonwealth of Massachusetts, as may be in need of the benefit of a curative institution, in the following manner, viz.: my said executors and trustees, with such others as they may associate with them, shall, as soon after my decease as practicable, obtain from the government of said Commonwealth authority to organize and act as a corporation under the title of "The Adams Nervine Asylum" for the legitimate purposes of this bequest.

Said curative institution shall be established in the Roxbury district, or in one of the towns of West Roxbury, Brookline, Brighton, Newton, or Watertown, in said Commonwealth, and shall be distant not more than fifteen miles from said city of Boston, and shall comprise not less than ten acres of land. And chief curative principles relied on shall be the "movement cure," hot and cold bathing, good air, gymnastic and other exercises, with great attention to diet, genial association, and religious exercises. The architectural style of the buildings of said institution shall be plain, substantial, and simple, and great attention shall be paid to convenience, comfort, good-sized rooms, and good air.

When any person or persons, receiving the benefit of this institution, shall have so far recovered their health, or when, for any other reason, it is deemed advisable by said managers to discharge them, they shall do so, and admit others in their stead.

Said corporation shall be composed of my said executors and trustees and their successors, and the persons associated with them in the act

of incorporation, of such persons as may at any legal meeting be nominated and elected members by ballot, of such persons as shall at one time pay to the trustees as an addition to the fund hereby created the sum of one hundred dollars or more, each; and also of such persons as pay into said fund the sum of twenty-five dollars, as an initiation fee, together with an annual subscription of three dollars; said last-mentioned persons to be considered members while they shall continue the payment of said annual subscription of three dollars, and no longer.

Whenever any one of the trustees of this fund and corporation shall die or resign, or from any cause become incompetent to perform this trust, another trustee in his stead shall be elected by ballot at a legal meeting of said corporation, duly notified for the purpose; but no person so elected shall have power or authority to act as trustee of said fund until approved by some probate court in said Commonwealth, or a corresponding jurisdiction.

The officers of said corporation shall consist of the aforesaid trustees under my will, and their successors, a president and vice-president, a treasurer, a secretary, a medical professional man, and a board of not less than nine managers; also of three supervisors, whose duty it shall be to examine into the affairs of said corporation as often as once in three months, and to report the general result of such examination through two of the leading newspapers of said Boston annually.

All the officers of said corporation, other than the trustees, the manner of whose election is mentioned above, are to be elected annually by ballot at a legal meeting of said corporation called for the purpose.

And my said executors and trustees are hereby requested and directed to dispose of and convey, by proper deed or deeds, under seal or otherwise, any and all property and estate of which I shall die seised or possessed, as soon after my decease as may be by them deemed wise; and after paying the legacies hereinbefore given, to prudently invest the residue and hold it in trust, and pay the net income thereof to the treasurer of said corporation semi-annually, to be held by him subject to be disposed of by regular legal action of said corporation for the purpose of establishing and carrying on said "Adams Nervine Asylum" in said Commonwealth.

Said fund, together with any accumulation thereof, to be reinvested as often as the same may be proper, and the net income to be used as aforesaid, forever; I meaning by "accumulation" any money or property received from contributions or otherwise.

ACT OF INCORPORATION.

[CHAP. 55 OF THE ACTS OF THE YEAR 1877.]

AN ACT TO INCORPORATE THE ADAMS NERVINE ASYLUM.

Be it enacted, etc., as follows:—

SECTION 1. John N. Barbour, James C. Davis, Aquila Adams, Emory Washburn, Alpheus Hardy, Samuel Eliot, Charles H. Dalton, James B. Thayer, William Claflin, John E. Tyler, Amor L. Hollingsworth, James Longley, Samuel A. Green, Robert Willard, Caleb William Loring, Samuel D. Warren, Rufus Ellis, Joseph Burnett, Solomon B. Stebbins, Charles F. Choate, their associates and successors, are hereby made a corporation by the name of the Adams Nervine Asylum, for the purpose of establishing and maintaining a hospital to afford care and relief to indigent, debilitated, and nervous persons, inhabitants of this Commonwealth, who are not insane and who may be in need of the benefit of a curative institution, with all the powers and privileges, and subject to all the duties, restrictions, and liabilities set forth in all general laws which now are or may hereafter be in force and applicable to such corporations.

SECT. 2. Said corporation shall have authority to receive, hold, and disburse the income of the fund bequeathed for the purposes for which the said corporation is created by the will of Seth Adams, late of Newton, deceased, and any other donations or bequests which may be made for its benefit, and may hold for the purposes aforesaid real and personal estate to an amount not exceeding three hundred thousand dollars.

SECT. 3. The members of said corporation shall consist of the Trustees under the residuary clause of the will of the said Seth Adams, and their successors, and the persons associated with them in this act of incorporation, of such persons as may at any legal meeting of the corporation be elected members by ballot, of such persons as shall, with the consent of the Board of Managers hereinafter referred to first obtained, pay to the said Trustees, as an addition to the fund held by them for the use of the corporation, the sum of one hundred dollars or more each, and also of such persons as shall, with the consent of the said Board of Managers first obtained, pay into the said fund the sum of twenty-five dollars each, as an initiation fee, and shall thereafter pay and continue to pay into said fund annually in advance the sum of

three dollars each; the said last-mentioned persons to be members while they shall continue the said annual payment and no longer.

SECT. 4. The officers of said corporation shall consist of the Trustees under the will of the said Seth Adams, and their successors, a President, a Vice-President, a Treasurer, a Secretary, a Physician, a Board of not less than nine Managers, of which the President, Vice-President, Treasurer, and Trustees shall be members, and three Supervisors, who shall examine the affairs of said corporation as often as once in three months, and report the general result of such examination annually in two of the leading newspapers of Boston. All the said officers, except the said Trustees, shall be annually elected by ballot at meetings duly called for the purpose, and whenever a Trustee shall die, resign, or become incompetent to discharge the duties of his trust, a successor shall be elected by ballot at a meeting of the corporation duly called for the purpose; but no person so elected shall have power or authority to act as a Trustee until approved as such by the judge of probate for the county of Middlesex.

SECT. 5. The said institution shall be established in one of the parts of Boston formerly called Roxbury, West Roxbury, and Brighton, in Brookline, in Newton, or in Watertown, and shall be conducted and managed in accordance with the provisions of the will of the said Seth Adams, and with such by-laws as may be adopted by the corporation, not inconsistent therewith.

SECT. 6. The said corporation shall have authority to receive and care for persons not indigent, who may be otherwise suitable for treatment in its institution, at the discretion of its Board of Managers, but shall require the payment to the corporation by such persons of reasonable compensation therefor, the amount of which shall be determined by the Managers.

SECT. 7. This Act shall take effect upon its passage.

Approved March 16, 1877.

LIST OF OFFICERS,
COMMITTEES AND MEMBERS OF THE CORPORATION.
1888.

TRUSTEES UNDER THE WILL OF SETH ADAMS.

JAMES C. DAVIS. JOSEPH W. BALCH. HENRY PARKMAN.

OFFICERS OF THE CORPORATION.

PRESIDENT.

HENRY PARKMAN.

VICE-PRESIDENT.

JOSEPH W. BALCH.

TREASURER.

GEORGE A. GODDARD.

MANAGERS.

The Trustees, President, Vice-President, and Treasurer, *ex-officio*, and
HENRY P. BOWDITCH. JAMES LONGLEY.
CHARLES F. DOLE. WILLIAM L. RICHARDSON.
CHARLES E. GUILD. MOSES WILLIAMS.
ALPHEUS H. HARDY. HENRY WOODS.

SECRETARY.

JAMES C. DAVIS.

PHYSICIAN.

SAMUEL G. WEBBER.

SUPERVISORS.

JAMES B. THAYER.
A. L. HOLLINGSWORTH.
ROBERT WILLARD.

CONSULTING PHYSICIANS.

RICHARD M. HODGES.	FRANK W. PAGE.
FRANCIS MINOT.	JAMES J. PUTNAM.
CHARLES F. FOLSOM.	J. COLLINS WARREN.
CLARENCE J. BLAKE.	MORRILL WYMAN.
OLIVER F. WADSWORTH.	

COMMITTEES.

ON ELECTIONS.

JAMES C. DAVIS.
CHARLES F. DOLE.
ROGER WOLCOTT.

ON FINANCE.

HENRY WOODS.
ALPHEUS H. HARDY.

ON ADMITTING PATIENTS.

JAMES C. DAVIS.
WILLIAM L. RICHARDSON.

ON ACCOUNTS AND EXPENDITURES.

JAMES LONGLEY.
CHARLES E. GUILD.

VISITING COMMITTEE OF THE MANAGERS.

JOSEPH W. BALCH,	}	FOR JANUARY AND JULY.
GEO. A. GODDARD,		
JAMES LONGLEY,	}	FOR FEBRUARY AND AUGUST
A. H. HARDY,		
HENRY PARKMAN,	}	FOR MARCH AND SEPTEMBER.
W. L. RICHARDSON,		
HENRY WOODS,	}	FOR APRIL AND OCTOBER.
CHARLES E. GUILD,		
CHARLES F. DOLE,	}	FOR MAY AND NOVEMBER.
JAMES C. DAVIS,		
HENRY P. BOWDITCH,	}	FOR JUNE AND DECEMBER.
MOSES WILLIAMS,		

VISITING COMMITTEE OF LADIES.

Mrs. A. DAVIS WELD, JR., *Chairman.*

Mrs. J. W. BALCH,	}	FOR JANUARY AND FEBRUARY.
Miss EMILY GREENE,		

Mrs. A. D. WELD, JR.,	}	FOR MARCH AND APRIL.
Miss L. P. WENDELL,		

Mrs. C. B. CUMINGS,	}	FOR MAY AND JUNE.
Mrs. W. S. CARTER,		

Mrs. F. M. WELD,	}	FOR SEPTEMBER AND OCTOBER.
Miss ELLEN C. CLARK,		

Miss HANNAH A. ADAM,	}	FOR NOVEMBER.
Miss FRANCES GOODWIN,		

Miss HELEN J. ADAM,	}	FOR DECEMBER.
Miss FRANCES GOODWIN,		

MEMBERS OF THE CORPORATION.

MISS HANNAH A. ADAM.	GEORGE S. HALE.
MISS HELEN J. ADAM.	ALPHEUS H. HARDY.
AQUILA ADAMS.	HENRY L. HIGGINSON.
MISS ELIZABETH L. ANDREW.	MRS. EDWIN A. HILLS.
CHARLES F. ATKINSON.	AMOR L. HOLLINGSWORTH.
JAMES W. AUSTIN.	CHARLES E. INCHES.
MRS. WALTER BAKER.	EDWARD JACKSON.
JOSEPH W. BALCH.	MRS. HENRY P. KIDDER.
MRS. JOSEPH W. BALCH.	HENRY LEE.
JOHN N. BARBOUR.	THOMAS L. LIVERMORE.
STANTON BLAKE.	JAMES LONGLEY.
HENRY P. BOWDITCH.	CALEB WILLIAM LORING.
JOSEPH BURNETT.	MISS LOUISA P. LORING.
MRS. WILLIAM S. CARTER.	MRS. JOHN H. MORISON.
CHARLES F. CHOATE.	CHARLES J. MORRILL.
WILLIAM CLAFLIN.	FRANK W. PAGE
MISS ELLEN C. CLARK.	HENRY PARKMAN
ALEXANDER COCHRANE.	FRANCIS H. PEABODY.
EDWARD COWLES.	OLIVER W. PEABODY.
JOSEPH B. CROSBY.	WILLIAM L. RICHARDSON.
CHARLES B. CUMINGS.	MISS EMMA RODMAN.
MRS. CHARLES B. CUMINGS.	LE BARON RUSSELL.
ELBRIDGE G. CUTLER.	JOSHUA M. SEARS.
CHARLES H. DALTON.	MRS. THOMAS SHERWIN.
JAMES C. DAVIS.	SOLOMON B. STEBBINS.
MRS. JAMES C. DAVIS.	JOSEPH STEDMAN.
JAMES H. DENNY.	JAMES B. THAYER
ARTHUR DEXTER.	HENRY P. WALCOTT.
CHARLES F. DOLE.	SAMUEL G. WEBBER.
SAMUEL ELIOT.	A. DAVIS WELD, JR.
MRS. SAMUEL ELIOT.	MRS. A. DAVIS WELD, JR.
CHARLES FAIRCHILD.	MRS. FRANCIS M. WELD.
HORATIO J. GILBERT.	MISS L. P. WENDELL.
MRS. DELANO A. GODDARD.	HENRY WHITMAN.
GEORGE A. GODDARD.	GEORGE WIGGLESWORTH.
MISS FRANCES GOODWIN.	ROBERT WILLARD.
SAMUEL A. GREEN.	MOSES WILLIAMS.
MISS EMILY GREENE.	ROGER WOLCOTT.
HENRY S. GREW.	HENRY WOODS.
CHARLES E. GUILD.	



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